ABSTRACT

A height adjusting device for a lamp includes a main body(100) having a motor(120), a casing(160) mounted below the main body(100), an upper terminal unit(200) having upper contact terminals(240) spaced apart from the main body(100) in the casing(160), a moving body(400) moving vertically by a cable(140) connected to the main body(100) and having lower contact terminals(420) corresponding to the terminals(240), and a stopper(300) mounted to the casing(160) to elastically maintain its horizontal state. The moving body(400) has a protrusion(430) at its side to partially contact with the stopper(300) so that the moving body(400) is hooked at a certain height by the stopper(300) when the protrusion(430) ascends over the stopper(300) and then descends, while the moving body(400) may move downward when the side ascends over the stopper(300).